Educational Events- Bergen and Essex County Subchapters

Bergen-Essex Education Day

In aligning ourselves to the PNAA’s theme of Innovation and the ANA’s 2017 Year of the Healthy Nurse - Bergen and Essex Subchapters held their 2017 Spring Education Conference at Kessler Conference Center, Orange New Jersey on March 25, 2017. Our topic was on “Breaking the Barriers to Health and Wellness: A Guide for Healthcare Professionals.” Our goal was to bring awareness and realization among all healthcare professionals, especially for nurses, the authentic meaning of self-care; so we may be able to sustain our being as we face challenges in our lives, family and work.

Our speakers, Rosalie Vilar, Jay Vilar, Diane McClure and Donna Cetroni, were experts in the field of health, wellness, nutrition, and holistic living. They shared their researches, experiences, inspirations and thoughts that we can use basic to our daily needs and healthy meaningful choices we make.

We had a total of 84 attendees, who were appreciative with their feedback and evaluation. We were graced with the presence of the PNANJ Executive board and included in the program was the induction of Mark Polon as PNANJ Board of Director, by Becky Graboso. The success of our Education Day is owed to the teamwork of the executive boards of Bergen and Essex Subchapters. It is our goal to make our subsequent education conference to be a series of promoting health and wellness to all healthcare professionals but also to the community we serve. (Submitted by: Marites Welch (President- Bergen) and Sahlee Manongdo (President- Essex))